



Dinamic Roosevelt Marzo

HORARIOS

	5:00-5:50 AM	6:00-6:50 AM	7:00-7:50 AM	8:00-9:00 AM	5:30-6:30 PM	6:30-7:30 PM	7:30-8:30 PM
LUNES	Cycling Lucerito	Cycling Lucerito / Circuito Pistas	Functional Lucerito	Dinamic Dance Lucerito	Functional Lucerito / Cycling Jayson	Functional Lucerito / Cycling Jayson	D. Dance Lucerito / Circuito Pistas / Cycling Jayson
MARTES	Circt Ext. Manuel	Cycling Manuel	D. Dance Manuel	Functional Manuel	Step Manuel	D. Dance Manuel / Circuito Pistas	Strong Manuel / Cycling Jayson
MIERCOLES	Tae Bo. Lihl	Cycling Lihl / Circuito Pistas	Functional Lihl	TaeBo Lihl	Tae Bo. Lihl / Cycling Jayson	Functional Jayson / Cycling Lihl	Aeróbicos. Lihl / Circuito Pistas / Cycling Jayson
JUEVES	Functional Lucerito	Functional Lucerito	Cycling Lucerito	Dinamic Dance Lucerito	Cycling Lucerito	D. Dance Lucerito / Circuito Pistas	Functional Lucerito / Cycling Jayson
VIERNES	Cycling Manuel	Step Manuel	D. Dance Manuel	Functional Manuel	Cycling Jayson / Functional Manuel	Cycling Manuel / Functional Jayson	Cycling Jayson / Strong Manuel
SÁBADO	Cycling Lihl	Functional Lihl	TAE BO Lihl				

ACTÍVATE